



Dr. Anton Lambers

Orthopaedic Surgeon – Bright, VIC
MBBS BMedSc(Hons) DipMgt MS(Dist) PHD FRACS(Orth) FAOrthA



Qualifications

Education

2026-	Ongoing Continuous Professional Development (see courses)
2025	Orthopaedic Surgery Subspecialist Fellowships (see appointments)
2024	The prestigious ABC (Australia By Caravan) Travelling Fellowship
2020-2025	Doctor of Philosophy (PhD), The University of Western Australia
2019-2022	Orthopaedic Surgical Training, The Australian Orthopaedic Association/RACS
2018-2020	Master of Surgery (MS(Dist)), The University of Western Australia
2008-2013	Bachelor of Medicine & Bachelor of Surgery (MBBS), The University of Melbourne
2011-2012	Diploma of Management (DipMgt), Australian College of Applied Business
2010-2011	Bachelor of Medical Science (BMedSc(Hons)), The University of Melbourne
2006-2007	Victorian Certificate of Education (VCE), St Kevin's College, ATAR 99.90

Prizes, Scholarships & Achievements

2025	Henry Manners Hill Award – Best Research Paper, AOA WA State Meeting
2025	AO Trauma Asia-Pacific Research Olympiad Finalist (Top 10), Hong Kong
2024	Winner - Men's Singles, Wednesday Night Regional Darts Competition, Shark Bay Hotel, WA
2023	F & P Thornell-Shore Medical Research Scholarship, Royal Australasian College of Surgeons
2021	Orthopaedic Fellowship Examination, Royal Australian College of Surgeons
2020	Unsupported Sea Kayak Crossing of the Bass Strait (VIC to TAS)
2020	Master of Surgery by Research Thesis Degree Conferred with Distinction Award, UWA
2019	JBJS (Am) Top 10 Most Read Papers 2019: Implant Fracture Analysis of the TFNA
2019	Australian Government Research Training Program Sponsorship: PhD, UWA
2018	AOA WA Branch Scientific Meeting Research Prize - Best Paper
2018	Australian Government Research Training Program Sponsorship: Master's Degree UWA
2018	Nomination as Fiona Stanley and Fremantle Hospitals' 'Registrar of the Year' - Orthopaedics
2018	Moo Moo's Restaurant 1kg Timed Steak Challenge Winner, Indonesia
2016	Nomination as Fiona Stanley and Fremantle Hospitals' 'Registrar of the Year' – Urology
2013	Mt Hotham Ski Patrol - Trainee of the Year
2012	Melbourne University Global Mobility Travelling Academic Scholarship
2011	Melbourne University Professorial Research Award – Best Oral Surgical Presentation
2007	Australian Student Prize for Tertiary Education (Top 200 National Students)
2007	Victorian Premier's VCE High Achiever Award, ENTER (ATAR) score: 99.90
2007	Dux of St Kevin's College and Specialist Mathematics, French & Chemistry (Year 12)
2006	Dux of St Kevin's College (Year 11)
2006	Melbourne University Kwong Lee Dow Young Scholar Recipient
2006	Monash University Student Prize

Memberships

Professional:

Australian Orthopaedic Association (AOA)
Royal Australasian College of Surgeons (RACS)
DHHS Vic Medical Fluoroscopy Licence Holder (Mobile Medical Fluoroscopy)
Australian Medical Association (AMA)

Academy of Surgical Educators – Royal Australasian College of Surgeons (ACE)
Associate Fellow of the Australian Institute of Orthopaedic Technologists (AIOT)
Australian Society of Orthopaedic Surgeons (ASOS)
Avant Mutual Medical Indemnity

Extra-curricular:

Mt Hotham Ski Patrol/Australian Ski Patrol Association/Austrian Alpine Club

Appointments

Current

2026- Consultant Orthopaedic Surgeon, Wangaratta, Victoria
2026- Clinical Associate Professor, School of Medicine, University of Western Australia
2021- Founder, [OsteoClassed](#) Orthopaedic Education
2020- Orthobullets.com, Product Developer & Author

Previous

Subspecialty Fellowships:

2025 Perth Hip and Knee Robotic Joint Replacement Fellowship (6 months)
Supervisors: Dermot Collopy, Gavin Clark
2025 Perth Orthopaedics and Sports Medicine (POSM) Fellowship (6 months)
Supervisors: Ross Radic, Sam Young
2024 Australian Travelling Fellowship (12 months)
Locations: self-arranged visitations at sites across Australia
2023 Northeast Health Wangaratta Arthroplasty and Trauma Fellow (12 months)
Description: caring for patients with arthritis and fractures

Orthopaedic Registrar (Australian Orthopaedic Association Training Posts)

2022 Northeast Health, Wangaratta (6 months)
2022 Latrobe Regional Hospital, Traralgon (6 months)
2020-2021 University Hospital Geelong (24 months)
2019 Austin Health (12 months)

Orthopaedic Registrar (Non-training)

2018 Sir Charles Gairdner Hospital, WA, Australia (6 months)
2018 Fiona Stanley Hospital, WA, Australia (6 months)
2017 Fremantle Hospital & Health Service, WA, Australia (6 months)
2017 Armadale Kelmscott Health Service, WA, Australia (6 months)

Other

2017-2026 Clinical Senior Lecturer, University of Western Australia, Perth, Australia
2016-2026 Australian Defence Force Army Reserves Medical Officer (Captain/Surgeon)
2019-2023 Johnson & Johnson, Advisory Boards & Education Consultant
2018-2020 Allograft Cadaveric Retrieval Fellow, Plus Life Bone & Tissue Bank, Perth, Australia
2016 Urology Registrar, Fiona Stanley Hospital, WA, Australia (6 months)
2016 Trauma Registrar (General Surgery), Royal Perth Hospital, WA, Australia (6 months)
2015 Medical Registrar, Fiona Stanley and Fremantle Hospitals, WA, Australia (2 months)
2015 WA Health Leadership Program Scholar, WA Department of Health (2 months)
2015 Orthopaedic Registrar, Sir Charles Gairdner Hospital, WA, Australia (6 months)
2015 Plastic Surgery Resident (2 months)
2014 Internship, Austin Health, Heidelberg, VIC, Australia
2012-2013 Anatomy Demonstrator, Department of Anatomy, The University of Melbourne
2010-2014 Football Sports Trainer, Old Ivanhoe Grammarians Football Club, Melbourne
2010-2013 Orthopaedic Cast Technician, Royal Melbourne Hospital (Melbourne Health)
2009-2013 Operating Theatre Technician, Epworth Hospital, East Richmond

Research & Scholarly Activity

Current Projects Under Investigation

1. *Fixed flexion of the knee represents through-range tight gaps and does not require joint line elevation to achieve balance, stability and good clinical outcomes.* Authors: A. Lambers, S. Lee, D. Collopy, G. Clark
2. *Deliberate Femoral Component Internal Rotation in Functionally Aligned TKR does not Impair Outcomes.* Authors: A. Philpot, A. Lambers, S. Lee, D. Collopy, G. Clark
3. *Decreasing Medial Femoral Posterior Condylar Offset to Achieve Medial Balance in Cruciate-Retaining Functional Aligned Total Knee Arthroplasty and Does Not Adversely Affect Outcomes or Range of Motion.* Authors: A. Lambers, B. Chia, S. Lee, D. Collopy, G. Clark
4. *Pin Site Fracture Rates in Robotic Assisted Total Knee Arthroplasty - A Cohort Study and Fracture Case Series.* Authors: J. Byrne, A. Lambers, S. Lee, D. Collopy, G. Clark
5. *Visual Goniometer Versus Computed Tomography-Based Knee Range of Motion Measurements in Total Knee Arthroplasty.* Authors: T. Nguyen, A. Lambers, S. Lee, D. Collopy, G. Clark
6. *Pre-operative and robotic intra-operative knee flexion measurements are not strong predictors of 1-year knee flexion after robotic total knee arthroplasty.* Authors: M. Mann, A. Lambers, S. Lee, D. Collopy, G. Clark
7. *Natural progression of Flexion Range of Movement in robotic assisted Total Knee Replacement periods during the perioperative period.* Authors: M. Mann, A. Lambers, S. Lee, G. Clark, D. Collopy
8. *Microstructural and Chemical Analysis of Titanium Alloys Used in Proximal Femoral Nailing.* Type: In Vitro. Authors: A. Lambers, A. Kopp, M. Pabbruwe, P. D'Alessandro, P. Yates
9. *Clinically Relevant Anatomy of the Gluteal Pillar – The Ideal Axis of Iliac Crest Robotic Pins.* Type: Anatomical Study. Authors: A. Hardidge, M. Feeney, K. Phan, M. Galea, A. Lambers
10. *Patterns of injury, participant demographics and skill level: The largest Australian Snowsports Injury Database.* Type: Observational Study. Authors: Lambers A, D'Alessandro P, Bucknill A, Yates P
11. *Monostotic Paget's Disease of the Radius with Pathological Fracture.* Type: Case Report & Literature Review. Authors: N. Abdul, A. Lambers, P. Yates
12. *Segmental Hardware Failure in a Proximal Femoral Nail.* Type: Case Report & Literature Review. Authors: T. Henson, A. Lambers, B. Rieger, P. Yates

Publications

Research Theses:

1. Lambers A, D'Alessandro P, Yates P, Kopp A. "Implant Breakage in Proximal Femoral Nails: The Role of Iatrogenic Implant Damage and a Data-linked State-wide Assessment of Failures." Size: 27,000 words. University of Western Australia, PhD Thesis, November 2025
2. Lambers A, D'Alessandro P, Yates P, Kopp A. "Implant Breakage in Proximal Femoral Nails: Design, Metallurgy and Failures." Size: 104 pages, 15,000 words. University of Western Australia, Master of Surgery Thesis, June 2020
3. Lambers A, Bucknill A, Jennings B. "Computer Navigation in Total Hip Arthroplasty." Size: 85 pages, 16,000 words. University of Melbourne, Bachelor of Medical Science Thesis, May 2011

Books, Chapters & Online Content:

1. Lambers A. "Orthopaedic Odyssey: A Caravan-Based Fellowship Around Australia." JBJS OrthoBuzz Resident Round Up Article. August 2025
 - a. Link: <https://orthobuzz.jbjs.org/2025/08/14/orthopaedic-odyssey-a-caravan-based-fellowship-around-australia/>
2. Lambers A. "OsteoClassed Online Orthopaedic Education."
 - a. <https://www.youtube.com/@osteoclassed>
3. Lambers A. "Symptomatic Hardware and Implant Removal." March 2021
 - a. <https://www.orthobullets.com/topicview?id=422953>

Peer-Reviewed Publications

1. Rajabifard P, Booth J, Hookway S, Kjar R, Donovan N, Lambers A. "Percutaneous treatment of geriatric distal tibia and fibula fractures with a poor soft tissue envelope - a case series." Geriatric Orthopaedic Surgery & Rehabilitation (accepted)

2. COVIDSurg Collab. "30-day postoperative mortality and the effects of hospital preparedness during the COVID-19 pandemic: a pooled analysis of prospective international cohort studies" *Lancet Reg Health Eur* Mar 2026, DOI: 10.1016/j.lanepe.2025.101566
3. A. Lambers, M. Mann, D. Collopy, G. Clark "Instrumented Mechanical Total Knee Arthroplasty Routinely Decreases the Medial Posterior Condylar Offset." *Cureus* Nov 2025, DOI: 10.7759/cureus.96480
4. A. Lambers, S. Lee, K. Langton, D. Collopy, G. Clark. "Knee hyperextension is a sign of through-range laxity and does not require joint line distalisation to achieve balance, stability and good clinical outcomes." *Knee Surgery Sports Traumatology Arthroscopy (KSSTA)* Dec 2025, DOI: 10.1002/ksa.70203
5. Wittauer M, Henry J, Sánchez-Rosenberg G, Lambers AP, Jones CW, Yates PJ. "Evaluation of reduction quality and implant positioning in intertrochanteric fracture fixation: A review of key radiographic parameters." *World J Orthop* 2025; 16(8): 106982, DOI: 10.5312/wjo.v16.i8.106982
6. Lambers A, Rieger B, Kop A, Pabbruwe M, Briffa T, Perring J, D'Alessandro P, Yates P. "Cephalomedullary Nail Breakages in a Multicentre Insertion vs. Retrieval Database Comparison: A Retrospective Cohort Study of 3,882 patients." *JBJS Open Access* Apr 2025;10(2):e24.00196, DOI: 10.2106/JBJS.OA.24.00196.
7. Mousley J, Kjar R, Reidy M, Lambers A. "Closed Management of a Bent Tibial Nail: Can Revision be Avoided? A Case Report." *JBJS Case Connector* 15(1):e24.00379, January-March 2025, DOI: 10.2106/JBJS.CC.24.00379.
8. Lambers A, D'Alessandro P, Yates P. "Defining Cephalomedullary Nail Breakage Rates: A Systematic Review and Meta-Analysis." *J Orthop Trauma* Oct 2023, DOI: 10.1097/BOT.0000000000002673.
9. Le A, Lambers A, Fraval A, Hardidge A, Balakumar J. "Utility assessment of virtual reality technology in orthopedic surgical training." *ANZ J Surg* Sep 2023, DOI: 10.1111/ans.18501
10. Lambers A, Marley M, Jennings R, Bucknill A. "Accuracy of Leg Length and Offset Measurements During Total Hip Arthroplasty Using an Imageless Navigation System." *Cureus* Vol 15 Issue 5, 07 May 2023. DOI: 10.7759/cureus.38689.
11. Marley M, Lambers A, Marley I, Welthy L, Seymour H. "The Tyranny of Distance: How Hospital Transfer Affects Time to Surgery for Hip Fracture Patient." *Cureus* February 2022. DOI: 10.7759/cureus.22662.
12. Hookway S, Lambers A, Page R, Bedi H. "The Australian Ankle Syndesmosis Survey." *Injury* 5 February 2022. DOI: 10.1016/j.injury.2022.02.024.
13. Le A, Krishna A, Lambers A, Hardidge A, Balakumar J. "Rationale and feasibility assessment of an Institution-Based Virtual Reality Hub in Orthopaedic Surgical Training – an Australian Pilot Study." *ANZJS* 18 Nov 2021. DOI: 10.1111/ans.17331.
14. Klima M, Lambers A. "Evaluating Implant Fractures with the Premiere Hospital Databank." *JBJS. Letter to the Editor*, 16th September 2021. DOI: 10.2106/JBJS.20.02002.
15. COVIDSurg Collab. "SARS-CoV-2 infection and venous thromboembolism after surgery: an international prospective cohort study." *Anaesthesia* 77(1):28-39 Jan 2022. DOI: 10.1111/anae.15563.
16. COVIDSurg Collab. "Effects of pre-operative isolation on postoperative pulmonary complications after elective surgery: an international prospective cohort study." *Anaesthesia* 09 August 2021. DOI: 10.1111/anae.15560.
17. COVIDSurg Collab. "Timing of surgery following SARS-CoV-2 infection: an international prospective cohort study." *Anaesthesia* Vol. 76 Issue 6 pages 748-758, June 2021. DOI:10.1111/anae.15458.
18. COVIDSurg Collab. "SARS-CoV-2 vaccination modelling for safe surgery to save lives: data from an international prospective cohort study." *Br J Surg* 24 March 2021. DOI: 10.1093/bjs/zgab101.
19. Hall C, Lambers A, Gohil S. "Closed Management of a Distal Radius Refracture Through a Bent Volar Plate: Can an Open Procedure be Avoided? A Case Report." *JBJS Case Connector* Vol 10 Issue 3 p. e19.00615, Jul 2020. DOI: 10.2106/JBJS.CC.19.00615.
20. Jiang M, Lambers A, Richardson R. "Novel Constrained Dual Mobility Hip Prosthesis to Combat Instability in Revision Total Hip Arthroplasty whilst Preserving Normal Function." *Case Reports in Orthopaedics* Vol. 7, Pages 1-7, July 2020. DOI: 10.1155/2020/6390310.
21. Lambers A, Talia A. "Spaced Repetition Learning as a Tool for Orthopedic Surgical Education: A Prospective Cohort Study on a Training Examination." *Journal of Surgical Education* Vol. 78 Issue 1 pages 124-139, Jan 2021. DOI: 10.1016/j.jsurg.2020.07.002.

22. Lambers A, Kop A, Rieger B, D'Alessandro P, Yates P. "Implant Fracture Analysis of the TFNA Proximal Femoral Nail." Top 10 most read JBJS papers of 2019. The Journal of Bone & Joint Surgery (JBJS Am) Vol. 101, Issue 9, Pages 804-811, May 2019. DOI: 10.2106/JBJS.18.00997.
23. Lambers A, Salim X, Jennings R, Bucknill A. "Morbidity and Safety of Iliac Crest Reference Array Pins in Navigated Total Hip Arthroplasty: A Prospective Cohort Study." The Journal of Arthroplasty, Vol. 33, Issue 5, Pages 1557-1561, May 2018. DOI: 10.1016/j.arth.2017.12.032
24. Lambers A, Jennings B, Bucknill A. "A Novel Fluoroscopic Approach to Assessing Patient Positioning in Total Hip Arthroplasty: Accuracy and the Influence of Body Mass Index." Hip International; Vol. 26, Issue 6, Pages 550-553, Nov-Dec 2016. DOI: 10.5301/hipint.5000397.
25. Salim X, Paton D, Lambers A, Carey Smith R. "First Case of Mesenteric Extraosseous Osteosarcoma in Australia." Journal of Oncology Medicine & Practice; Vol. 1 Issue 1, March 2016. DOI:10.4172/jomp.1000104
26. Lambers A. "A modern, effective and user-friendly approach to medical learning: an overview of spaced repetition programs." Australian Medical Student Journal; Vol. 4 Issue 1 Page 15, 2013.

Abstract Publications

1. Lambers A, Robertson A. "MASCAS theory and Civil-Military Co-operation in Australian Domestic Disasters." ANZ J Surg; Vol. 88 No.S1 Page 106, May 2018. DOI: 10.1111/ans.14529.
2. Lambers A, Dawber M, Zilko S. "Screws vs. suture-buttons in the management of ankle diastasis injuries - a financial analysis and mathematical modelling mixed method study." ANZ J Surg; Vol. 88 No.S1 Page 113, May 2018. DOI: 10.1111/ans.14531.
3. Lambers A, Jennings B, Bucknill A. "Does Computer Navigation Help the Surgeon to Achieve Pre-Operative Leg Length and Offset Targets in Total Hip Arthroplasty." Bone & Joint Journal Orthopaedic Proceedings Supplement; Vol. 95-B No.15 Page 110, Mar 2013.
4. Lambers A, Jennings B, Bucknill A. "The Accuracy of Patient Positioning Prior to Total Hip Arthroplasty and the Influence of Body Mass Index." Bone & Joint Journal Orthopaedic Proceedings Supplement; Vol. 95-B No.15 Page 109, Mar 2013.
5. Lambers A, Jennings B, Bucknill A. "The Accuracy of Leg Length and Offset Measurements Made by an Imageless Navigation System in Total Hip Arthroplasty." Bone & Joint Journal Orthopaedic Proceedings Supplement; Vol. 95-B No.15 Page 111, Mar 2013.
6. Lambers A, Jennings B, Bucknill A. "A prospective analysis of pin-site morbidity in patients undergoing navigated total hip arthroplasty." Bone & Joint Journal Orthopaedic Proceedings Supplement; Vol. 95-B No.15 Page 235, Mar 2013.
7. Lambers A, Jennings B, Bucknill A. "The Accuracy of Leg Length and Offset Measurements Made by an Imageless Navigation System in Total Hip Arthroplasty." Hip International; Vol. 22 No.4 Page 460, July-August 2012.

Podium Presentations

(Presenter underlined)

International:

1. Lambers A, D'Alessandro P, Yates P, Kop A "Laboratory Analysis of Damage in Proximal Femoral Nails." New Zealand Orthopaedic Association National Meeting, Christchurch 2022
2. Lambers A, Rieger B, D'Alessandro P, Yates P. "Implant Fracture Analysis of the TFNA Proximal Femoral Nail." European Federation of Orthopaedics and Traumatology (EFORT) 20th Annual Congress, Lisbon, Portugal 2019.
3. Lambers A, D'Alessandro P, Yates P. "Laboratory & Implant Data Analysis of Nail Breakages in the Proximal Femur." **Invited Guest Speaker.** Oxford's Girdlestone Orthopaedic Society 56th Annual Scientific Meeting, Perth, Australia 2018
4. Lambers A, Jennings B, Bucknill A. "The accuracy of leg length and offset measurements made by an imageless navigation system in total hip arthroplasty." European Hip Society 10th Annual Congress, Milan, Italy 2012
5. Lambers A, Jennings B, Bucknill A. "Does Computer Navigation Help the Surgeon to Achieve Pre-Operative Leg Length and Offset Targets in Total Hip Arthroplasty?" International Society for Technology in Arthroplasty Annual Congress, Sydney, Australia 2012
6. Lambers A, Jennings B, Bucknill A. "The Accuracy of Patient Positioning Prior to Total Hip Arthroplasty and the Influence of Body Mass Index." International Society for Technology in Arthroplasty Annual Congress, Sydney, Australia 2012

7. Lambers A, Jennings B, Bucknill A. “*The Accuracy of leg length and offset measurements made by an imageless navigation system in total hip arthroplasty.*” International Society for Technology in Arthroplasty Annual Congress, Sydney, Australia 2012

National:

1. Lambers A, Collopy D, Clark G. “*Knee hyperextension is a sign of through-range laxity and should be predominantly addressed with tibial sided changes*” AOA ASM, Hobart, Australia 2025
2. Mann M, Lambers A, Collopy D, Clark G “*Defining the Short and Long-term Natural History of Maximum Knee Flexion Range After Robotic Assisted Total Knee Arthroplasty: Are You Really Doomed if You Start Out Stiff?*” AOA ASM, Hobart, Australia 2025
3. Byrne J, Lambers A, Collopy D, Clark G “*Pin Site Fracture Rates in Robotic Assisted Total Knee Arthroplasty – A Cohort Study and Fracture Case Series*” AOA ASM, Hobart, Australia 2025
4. Philpot A, Lambers A, Collopy D, Clark G, “*Femoral component Internal Rotation in functionally aligned TKR is common and does not impair functional outcomes*” AOA ASM, Hobart, Australia 2025
5. Mann M, Lambers A, Collopy D, Clark G, “*Pre- and intra-operative maximum knee flexion values are not strong predictors of 12-month flexion after robotic total knee arthroplasty.*” AOA ASM, Hobart, Australia 2025
6. Nguyen T, Lambers A, Collopy D, Clark G “*Pre-operative Visual Goniometer Versus Intra-operative Computed Tomography-Based Knee Range of Motion Measurements in Total Knee Arthroplasty.*” AOA ASM, Hobart, Australia 2025
7. Lambers A, Collopy D, Clark G “*Deliberately Decreasing Posterior Condylar Offset Does Not Adversely Affect Range of Motion or Functional Outcomes in Functionally Aligned Total Knee Arthroplasty.*” AOA ASM, Hobart, 2025
8. Lambers A, Collopy D, Clark G. “*Knee hyperextension is a sign of through-range laxity and should be predominantly addressed with tibial sided changes*” Arthroplasty Society of Australia Annual Scientific Meeting, Canberra, Australia 2025
9. Lambers A, Talia A. “*Making the most of Spaced Repetition Learning*” Australian Orthopaedic Association Annual Registrar Meeting, Melbourne, Australia 2023
10. Hookway S, Lambers A, Bedhi H, Page R. “*The Australian Syndesmosis Survey Results – Benchmarking Current Practice.*” Australian Orthopaedic Association Annual Scientific Meeting, Melbourne, Australia 2021
11. Lambers A, Ricciardo B, Ricciardo B. “*Acrylate allergy testing and skin glue reactions in orthopaedics.*” Australian Orthopaedic Association Annual Meeting, Canberra, Australia 2019
12. Lambers A, Jennings B, Bucknill A. “*Temporary Iliac Crest Pins in Navigated THR – what’s the bother?*” Australian Orthopaedic Association Annual Scientific Meeting, Canberra, Australia 2019
13. Lambers A, Hall C, Gohil S. “*Is closed reduction an option for distal radius re-fractures through a bent volar plate?*” Australian Orthopaedic Registrars Annual Meeting, Canberra, Australia 2019
14. Lambers A, Talia A. “*Spaced Repetition Learning – An Opportunity for Orthopaedic Education?*” Australian Orthopaedic Registrars Association Annual Meeting, Canberra, Australia 2019
15. Lambers A, D’Alessandro P, Yates P. “*High Implant Fracture Rate of the New TFNA Proximal Femoral Nail.*” Australian Orthopaedic Association Annual Scientific Meeting, Perth, Australia 2018
16. Lambers A, Jennings B, Bucknill A. “*Navigated Measurements in Total Hip Arthroplasty – Can We Trust the Numbers?*” Australian Orthopaedic Association Annual Meeting, Perth, Australia 2018
17. Lambers A, Rieger B, D’Alessandro P, Yates P. “*Nail Breakage of Intra-Medullary Nails in Proximal Femur Fractures – A Systematic Review.*” Australian Orthopaedic Association, Perth 2018
18. Lambers A, Zilko S. “*Diagnosing the Diastasis in Ankles – A Comprehensive Literature Review.*” Australian Orthopaedic Association Annual Scientific Meeting, Perth, Australia 2018
19. Lambers A, D’Alessandro P, Bucknill A, Yates P. “*Musculoskeletal Injury in Australian Snow Sports – Demographics, Patterns and Risk Factors from the Largest Australian Database.*” Australian Orthopaedic Association Annual Scientific Meeting, Perth, Australia 2018
20. Lambers A, Zilko S. “*Current Evidence for Ankle Diastasis Management – A Comprehensive Literature Review.*” Australian Orthopaedic Association Annual Meeting, Perth, Australia 2018
21. Lambers A, Robertson A. “*MASCAS theory and Civil-Military Co-operation in Australian Domestic Disasters.*” Royal Australian College of Surgeons Annual Congress, Sydney, Australia 2018
22. Lambers A, Dawber M, Zilko S. “*Screws vs. suture-buttons in the management of ankle diastasis injuries - a financial analysis and mathematical modeling mixed method study.*” Royal Australian College of Surgeons Annual Scientific Congress, Sydney, Australia 2018

23. Lambers A, Jennings B, Bucknill A. “Does Computer Navigation Help the Surgeon to Achieve Pre-Operative Leg Length and Offset Targets in Total Hip Arthroplasty?” Australian Orthopaedic Association Annual Scientific Meeting, Melbourne, October 2014
24. Lambers A, Jennings B, Bucknill A. “The accuracy of patient positioning prior to total hip arthroplasty and the influence of BMI.” Australian Orthopaedic Association Annual Scientific Meeting, Darwin, Australia October 2013

Regional:

1. Lambers A, Collopy D, Clark G, “Deliberately Decreasing Posterior Condylar Offset Does Not Adversely Affect Range of Motion or Functional Outcomes in Functionally Aligned Total Knee Arthroplasty.” Australian Orthopaedic Association WA Branch Scientific Meeting, Perth 2025
2. Byrne J, Lambers A, Collopy D, Clark G “Pin Site Fracture Rates in Robotic Assisted Total Knee Arthroplasty – A Cohort Study and Fracture Case Series” Australian Orthopaedic Association WA Branch Scientific Meeting, Perth 2025
3. Lambers L, Lambers A, Collopy D, Clark G “Impact of BMI on gap laxities, flexion range and functional outcomes in robotic assisted TKA.” Australian Orthopaedic Association WA Branch Scientific Meeting, Perth 2025
4. Lambers A, Kop A, Pabbruwe M, Perring J, D’Alessandro P, Yates P “Early Fatigue Failures in Cephalomedullary Nails: A Retrospective Cohort Study Using an Implant Retrieval Collection.” Australian Orthopaedic Association WA Branch Scientific Meeting, Perth 2025
5. Lambers A, Kop A, Pabbruwe M, Qadir Z, D’Alessandro P, Yates P “A microstructural and chemical analysis of normal and crack propagation areas in intramedullary nails with fatigue failure: a laboratory study.” Australian Orthopaedic Association WA Branch Scientific Meeting, Perth 2025
6. Booth J, Rajabifard P, Hookway S, Donovan N, Kjar R, Lambers A “Percutaneous treatment of geriatric distal tibia and fibula fractures with a poor soft tissue envelope – a case series of a novel technique.” Australian Orthopaedic Association WA Branch Scientific Meeting, Perth 2025
7. Mann M, Lambers A, Collopy D, Clark G, “Pre- and intra-operative maximum knee flexion values are not strong predictors of 12-month flexion after robotic total knee arthroplasty.” Australian Orthopaedic Association WA Branch Scientific Meeting, Perth 2025
8. Mousley J, Kjar R, Reidy M, Lambers A “Is revision necessary? Bent intramedullary tibial nail and peri-implant fracture managed with closed manipulation: A case report.” Australian Orthopaedic Association Vic Branch Scientific Meeting, Melbourne 2024
9. Booth J, Rajabifard P, Hookway S, Donovan N, Kjar R, Lambers A “Percutaneous treatment of geriatric distal tibia and fibula fractures with a poor soft tissue envelope.” Australian Orthopaedic Association Vic Branch Scientific Meeting, Melbourne 2023
10. Lambers A, D’Alessandro P, Yates P, Kop A “Laboratory Analysis of Insertional Damage in Proximal Femoral Nails.” Australian Orthopaedic Association WA State Meeting, Perth 2022
11. Lambers A, Fraval A, Hardidge A, Balakumar J. “Developing a Virtual Reality Training Hub for Orthopaedic Training.” Australian Orthopaedic Association WA State Meeting, Perth 2022
12. Yao A, Lambers A, Walkley E, Blackmore S, Hardidge A. “Do objective measurements of arthroscopic ability in virtual arthroscopy improve from student, to registrar, to consultant?” AOA Vic Branch Winter Scientific Meeting, Melbourne, Australia 2022
13. Lambers A, Rieger B, D’Alessandro P, Yates P. “Nail Usage Patterns in the Proximal Femur.” Australian Orthopaedic Association VIC State Scientific Meeting, Lorne, Australia 2022
14. Hookway S, Lambers A, Page R, Bedhi H. “The Australian Syndesmosis Survey.” Australian Orthopaedic Association VIC Branch Scientific Meeting, Melbourne, Australia 2021
15. Lambers A. “Developing an Integrated Learning Platform for Orthopaedics with Orthobullets.” Australian Orthopaedic Association VIC State Scientific Meeting, Lorne, Australia 2021
16. Lambers A, Fraval A, Hardidge A, Balakumar J. “Developing a Virtual Reality Training Hub for Orthopaedic Training.” Australian Orthopaedic Association State Meeting, Cape Schanck 2020
17. Still M, Lambers A, Welthy L, Seymour H. “Hip fracture patients in Western Australia and the impact of geographical location on time to surgery, length of stay and survival.” Australian Orthopaedic Association WA Branch Scientific Meeting, Perth, Australia 2020
18. Lambers A, Still M, Seymour H. “Spot the NOFF – What’s in a Name?” Australian Orthopaedic Association VIC Branch Scientific Meeting, Melbourne, Australia 2020
19. Lambers A, Rieger B, D’Alessandro P, Yates P. “Lessons Learned – WA Proximal Femoral Nail Study.” **Runner-up: AOA Vic Research Prize for Best Paper.** Australian Orthopaedic Association VIC State Scientific Meeting, Melbourne, Australia 2019

20. Lambers A, Rieger B, D'Alessandro P, Yates P. "WA's Experience of Breakage in Intramedullary Nails for Hip Fractures." **Invited Guest Speaker**. Australian Orthopaedic Association WA State Scientific Meeting, Perth, Australia 2018
21. Lambers A, Zilko S. "Financial Modelling of Implant Choice in Syndesmotic Stabilisation." Australian Orthopaedic Association WA Branch Scientific Meeting, Perth, Australia 2018
22. Lambers A, Rieger B, Yates P. "High Early Failure Rate of the TFNA Proximal Femoral Nail – WA Retrieval Data and Literature Review." **Recipient: AOA WA Research Prize for Best Paper**. Australian Orthopaedic Association WA Branch Scientific Meeting, Perth, Australia 2018
23. Lambers A, Zilko S. "Screws vs. Suture Buttons in the Management of Ankle Diastasis Injuries – A Financial Analysis." Australian Orthopaedic Association WA Branch Meeting, Perth, Australia 2018
24. Lambers A. "Medical Management of Disasters – A Military Perspective." **Invited Guest Speaker**. Royal Australasian College of Surgeons Tristate Annual Scientific Meeting, WA, Australia 2017
25. Lambers A, Jennings B, Bucknill A. "The accuracy of patient positioning prior to total hip arthroplasty and the influence of BMI." St Vincent's Hospital Forum, Melbourne, Australia 2013
26. Lambers A, Jennings B, Bucknill A. "How accurately is the hip arthroplasty patient positioned prior to surgery?" **Recipient: Melbourne University Professorial Research Prize for Best Paper**. Melbourne Health Research Symposium, Melbourne, Australia May 2011

Institution-Based:

1. Lambers A. "Grand Round - Healthcare outside hospitals, Defence, Expeditions and Snow" **Invited Speaker**. Northeast Health Wangaratta, VIC, Australia, 28th Sep 2022
2. Lambers A. "Outdoor Medicine – The World Outside the Hospital." **Invited Speaker**. Wilderness Medicine Student's Society, VIC, Australia, 27th April 2020
3. Lambers A, Yates P. "Functional Outcomes and Gait Analysis in Revision TKR." Fiona Stanley Hospital Orthopaedic Grand Rounds, WA, Australia, 31st July 2018.
4. Lambers A. "Navigation use in Hip Replacements – How Helpful is it?" Fiona Stanley Hospital Orthopaedic Grand Rounds, WA, Australia, 22nd February 2018.
5. Lambers A. "Diagnosis and Management of Ankle Diastasis Injuries. Fiona Stanley Hospital Orthopaedic Grand Rounds, WA, Australia, 5th October 2017
6. Lambers A. "Orthopaedic Materials Science." Fiona Stanley Grand Rounds, Australia, July 2017
7. Lambers A. "Best practice for cystography after traumatic bladder injury." Trauma Journal Club, Royal Perth Hospital, WA, Australia. 29th July 2016
8. Lambers A. "Posterior Circulation Vascular Injuries." Trauma Journal Club, Royal Perth Hospital, WA, Australia. 13th July 2016.
9. Lambers A. "Haemorrhage control in pelvic fractures." Trauma Journal Club, Royal Perth Hospital, WA, Australia. 10th June 2016.
10. Lambers A. "Weight-based VTE prophylaxis in obese trauma patients." Trauma Journal Club, Royal Perth Hospital, WA, Australia. 8th April 2016.
11. Lambers A. "Surgical simulation and telementoring for first-responder damage control surgery." Trauma Journal Club, Royal Perth Hospital, WA, Australia. 22nd April 2016.
12. Lambers A, Jennings B, Bucknill A. "The accuracy of patient positioning prior to total hip arthroplasty and the influence of BMI." Orthopaedic Departmental Meeting, Sir Charles Gairdner Hospital, WA, Australia April 2015

Poster Presentations

(Presenter underlined)

1. Lambers A, Jennings B, Bucknill A. "Does computer navigation help the surgeon to achieve their pre-operative leg length and offset targets?" European Federation of Orthopaedics and Traumatology (EFORT) Annual Congress, Berlin, Germany 2012.
2. Lambers A, Jennings B, Bucknill A. "The accuracy of patient positioning prior to total hip arthroplasty and the influence of BMI." European Federation of Orthopaedics and Traumatology (EFORT) Annual Congress, Berlin, Germany 2012.
3. Lambers A, Jennings B, Bucknill A. "A prospective analysis of pin-site morbidity in patients undergoing navigated total hip replacement." Australian Orthopaedic Association Annual Scientific Meeting, Sydney, Australia 2012.
4. Lambers A, Jennings B, Bucknill A. "The usefulness of computer navigation in leg length and offset restoration in total hip arthroplasty." Melbourne Health Symposium, Melbourne, Australia 2011

Professional Development

Expert Surgeon Visitations

- 2025 Mr Michael Solomon – ReCerf Hip, DAA Arthroplasty, Sydney, New South Wales
- 2025 A/Prof Piers Yates – ReCerf Hip Resurfacing, Perth, Western Australia
- 2025 Mr Rhys Clark – Arthroplasty, Perth, Western Australia
- 2025 Mr Angus Keogh – Hand and upper limb, Perth, Western Australia
- 2025 Mr David Wysocki – Arthroplasty, Perth, Western Australia
- 2025 Mr Simon Zilko – MIS foot and ankle surgery, Perth, Western Australia
- 2025 Mr David Young – ReCerf Hip Resurfacing, Melbourne, Victoria
- 2025 Mr Devinder Garewal – Shoulder Arthroscopy, Melbourne, Victoria
- 2024 Mr Kit Brogan – Sports and Arthroplasty, Mt Gambier, South Australia
- 2024 Mr Barney McCusker – Rural Generalist, Mt Gambier, South Australia
- 2024 Mr Lorcan McGonagle – Arthroplasty, Geraldton, Western Australia
- 2024 Mr Aman Singh – Arthroplasty, Geraldton, Western Australia
- 2024 Mr Brent Matthews – Generalist, Darwin, Northern Territory
- 2024 Mr Ben Parkinson – Sports and Trauma, Cairns, Queensland
- 2024 Mr Rob Pozzi – Rural Generalist, Cairns, Queensland
- 2024 Mr Peter McEwen – Knee Arthroplasty, Townsville, Queensland
- 2024 Mr Andy Stillwell – Sports Surgery, Townsville, Queensland
- 2024 Mr Levi Morse – Upper Limb Surgery, Townsville, Queensland
- 2024 Mr Luke Mooney – Sports Knee, Adelaide, South Australia
- 2024 Mr Peter Stavrou – Foot and Ankle, Adelaide, South Australia
- 2023 Mr Gayan Padmasekara – Shoulder Arthroscopy, Melbourne, Victoria

Surgical & Medical Courses

- 2025 Stryker MAKO Direct Anterior Hip Replacement Cadaveric Workshop, CTEC, Perth, Australia
- 2025 The *Touch* CMC Prosthesis Cadaveric Workshop and Symposium, CTEC, Perth, Australia
- 2025 Device Technologies Shoulder and Knee Arthroscopy Lab, CTEC, Perth, Australia
- 2025 Arthrex Shoulder Arthroscopy Lab, CTEC, Perth, Australia
- 2025 RACS Cadaver Lab – Sports Surgery Course, Device Technologies, Melbourne, Australia
- 2023 Stryker Tornier Shoulder Replacement Workshop, Melbourne, Australia
- 2023 Stryker MAKO Smart Robotics Course – Hip Replacement, Brisbane, Australia
- 2023 Stryker MAKO Smart Robotics Course – Partial Knee Replacement, Brisbane, Australia
- 2023 Stryker MAKO Smart Robotics Course – Total Knee Replacement, Brisbane, Australia
- 2022 Medicolegal Impairment Assessment Training – Lower Extremity, IATV/AMA Guides
- 2022 Medicolegal Impairment Assessment Training – Skin & Scar, IATV/AMA Guides
- 2022 Medicolegal Impairment Assessment Training – Core Training, IATV/AMA Guides
- 2022 Zimmer Sports Shoulder and Knee Cadaveric Laboratory Workshop
- 2022 Cyber Security for Clinicians
- 2022 Commonwealth Government Digital Toolkit for Clinical Specialists
- 2022 Australian Orthopaedic Association Trainee Supervisor Workshops
- 2022 Orthopaedics Review Course, American Seminar Institute
- 2022 Stryker Mako Cadaver Lab Course, Melbourne, Australia
- 2022 Zimmer Sports Medicine Shoulder Cadaver Lab Course, Melbourne, Australia
- 2021 Stryker Difficult Humerus Fractures, Online Webinar
- 2021 Miller Review Course, Virtual Attendance, USA
- 2021 Stryker Trauma Case Controversies Course, Melbourne, Australia
- 2020 Good Clinical Practice – Clinical Trials and Research Certificate, NIDA Australia
- 2020 Australian Hand Surgery Society Registrar Hand Surgery Review Course, Melbourne, Australia
- 2020 Australian Limb Length And Reconstructive Society (ALLARS) Course, Melbourne, Australia
- 2020 Stryker Direct Superior Approach Online Webinar
- 2019 William F. Enneking Musculoskeletal Pathology Course, Melbourne, Australia
- 2019 Exeter Hip Course (Jonathan Howell, Ross Crawford, Dirk van Bavel), Melbourne, Australia
- 2019 RACS Training in Professional Skills (TIPS) Course, Brisbane, Australia
- 2019 Australian Orthopaedic Association Trainee Induction Weekend, Sydney, Australia
- 2018 Direct Anterior Approach to the Hip Seminar, Medacta, Perth, Australia

2018 RACS Haemostasis Workshop, RACS Lab, Melbourne, Australia
 2018 Foundations of Minimal Access Surgery Workshop, CTEC, University of Western Australia
 2018 Intermediate Laparoscopic Skills Workshop, CTEC, University of Western Australia
 2018 Laparoscopic General Surgery Cadaveric Workshop, CTEC, University of Western Australia
 2018 Advanced Hand Surgery Cadaveric Workshop, CTEC, University of Western Australia
 2018 Garcia-Elias Hand and Wrist Surgery Cadaveric Workshop, University of Western Australia
 2018 Upper Limb Cadaveric Dissection Workshop, CTEC, University of Western Australia
 2017 Superior Capsular Reconstruction Cadaveric Workshop, University of Western Australia
 2017 Hand and Wrist Surgery Cadaveric Surgery Workshop, University of Western Australia
 2017 Major Incident Medical Management and Support (MIMMS) Commander Course, Wadonga
 2017 Radiation & Fluoroscopic Safety Course, Royal Perth Hospital Medical Physics, Perth, Australia
 2016 Live Animal Lab Trauma Surgery Workshop, Trauma Department, Royal Perth Hospital
 2015 AO Trauma Basic Principles of Fracture Management Course, AO Trauma, Sydney, Australia
 2015 CCrISP: Care of the Critically Ill Surgical Patient, RACS, University of Western Australia
 2015 EMST: Early Management of Severe Trauma, Royal Australasian College of Surgeons, Perth
 2015 Hand and Wrist Cadaveric Surgery Workshop, CTEC, University of Western Australia
 2015 Emergency Medicine Trauma Radiology Course, Radiopaedia/ETM Course Melbourne
 2015 Emergency Management of Severe Burns, ANZ Burns Association, Western Australia
 2015 ASSET: Australian Surgical Skills Education and Training, RACS, Western Australia
 2015 Emergency Trauma Management Course, ETM Course, Melbourne, Australia
 2015 Introduction to Surgical Skills Workshop, CTEC, University of Western Australia
 2015 Advanced Life Support 2 (ALS2), Fiona Stanley Hospital, WA, Australia
 2015 APLS accredited Paediatric Life Support, Fiona Stanley Hospital, WA, Australia
 2015 Pain and Analgesia Advanced Workshop, Fiona Stanley Hospital, WA, Australia
 2015 Resident to registrar step-up program, Fiona Stanley Hospital, WA, Australia
 2015 MDA National End of Life Care Seminar, AMA WA, Perth, Australia
 2014 Basic Assessment and Support in Intensive Care (BASIC) Course, Austin Health, VIC, Australia
 2014 Bowel Anastomosis Workshop, Royal Australasian College of Surgeons, Melbourne, Australia
 2014 Advanced and Basic Paediatric Life Support, Austin Health, VIC, Australia
 2014 Advanced and Basic Life Adult Support, Austin Health, VIC, Australia
 2014 The Challenging Emotions of Difficult News Workshop, MDA National, Melbourne, Australia
 2014 Sports Medicine Workshop, LifeCare Physio, Prahan, Australia
 2013 Cultural Orientation for Health Professionals, CUCRH, WA, Australia
 2012 Orthopaedic Cast Training and Skills Course, AIOT, Western Hospital, Melbourne, Australia

Conferences & Symposia Attended

2206 MAKO Robotics Summit, Melbourne, Australia
 2025 International Osteotomy Masters, Sydney, Australia
 2025 Arthroplasty Society of Australia Annual Scientific Meeting, Canberra, Australia
 2025 AOA WA Annual Scientific Meeting, Perth, Australia
 2025 AOA VIC Branch Annual Scientific Meeting, Lorne, Australia
 2025 AOA WA Branch Scientific Papers Meeting, Perth, Australia
 2023 Arthrex Foot and Ankle Orthopaedic Technology & Innovation Forum, Sydney, Australia
 2022 NZ and AOA Combined Scientific Meeting, Christchurch, Australia
 2022 Cairns Orthopaedic Knowledge Summit, *Virtual*, Australia
 2022 AOA VIC State Annual Scientific Meeting, Lorne, Australia
 2021 AOA VIC/TAS BSM: Victoria/Tasmania Winter Research Symposium, Melbourne, Australia
 2021 AOA VIC Annual Scientific Meeting, Lorne, Australia
 2020 Steps2Walk 2020 Foot & Ankle International Congress, Online
 2020 AOA VIC/TAS BSM: Victoria/Tasmania Winter Research Symposium, Melbourne, Australia
 2020 AOA VIC State Annual Scientific Meeting, Cape Schanck, Australia
 2019 Tahoe Wilderness & Expedition Medicine Conference, Ushuaia, Argentina
 2019 College of Surgeons Trainees Association Induction Conference, Melbourne, Australia
 2019 AOA Registrars Association Annual Meeting, Canberra, Australia
 2019 AOA National Scientific Meeting, Canberra, Australia
 2019 AOA VIC/TAS BSM: Victoria/Tasmania Winter Research Symposium, Melbourne, Australia
 2019 AOA VIC State Annual Scientific Meeting, Lorne, Australia
 2019 Bone Camp – AOA Introductory Training Weekend, Sydney, Australia
 2018 Girdlestone Orthopaedic Society (Oxford Alumni) 56th Annual Scientific Meeting, Perth

- 2018 Royal Australasian College of Surgeons Trainees Association Conference, Melbourne
- 2018 Australian Orthopaedic Association National Annual Scientific Meeting, Perth
- 2018 Australian Orthopaedic Association WA Scientific Meeting, Bunker Bay
- 2018 Royal Australasian College of Surgeons Annual Scientific Congress, Sydney, Australia
- 2018 AOA VIC/TAS BSM: Victoria/Tasmania Winter Research Symposium, Melbourne, Australia
- 2018 AOA WA BSM: Australian Orthopaedic Association WA Research Symposium, Perth, Australia
- 2017 WA State Trauma Symposium, Perth, Australia
- 2017 RACS ASM: College of Surgeons Tristate (WA, NT, SA) Annual Scientific Meeting, Perth
- 2017 AOA WA ASM: Australian Orthopaedic Association WA Annual Scientific Meeting, Perth
- 2016 Panorama of Emergency Surgery Conference, CTEC State Conference, Perth, Australia
- 2014 AOA ASM: Australian Orthopaedic Association National Annual Scientific Meeting, Melbourne
- 2013 AOA ASM: Australian Orthopaedic Association National Annual Scientific Meeting, Darwin
- 2013 St Vincent's Hospital Surgical Research Forum, Melbourne, Australia
- 2012 AOA ASM: Australian Orthopaedic Association National Annual Scientific Meeting, Sydney
- 2012 European Hip Society (EHS) Annual Orthopaedic Congress, Milan, Italy
- 2012 International Society for Technology in Arthroplasty (ISTA) Annual Conference, Sydney
- 2012 EFORT: European Federation of Orthopaedics and Traumatology Annual Congress, Berlin
- 2011 Melbourne Health Research Symposium, Royal Melbourne Hospital, Melbourne, Australia

Military Experience

- 2020 Training Exercise – EX LEMNOS, annual skills training
- 2019 Training Exercise – EX PAULATIM II, annual skills training
- 2018 Training Exercise – EX IMITA RIDGE, weapons systems and combat skills
- 2015 Western Australian Medical Officers Applicant Mentor, Defence Force Recruiting
- 2017 Officer in Charge (Health) and Lead Medical Officer – EX RETIMO
- 2017 Medical Officer– EX TALISMA SABRE, Australia-USA-Canada Joint Exercise, Shoalwater Bay
- 2017 Logistics Officers Intermediate Course (LOIC) Advanced Health Logistics, Wadonga, Australia
- 2017 Logistics Officers Basic Course (LOBC) Health Logistics, Wadonga, Australia
- 2016 Specialist Service Officer (SSO) Course, Royal Military College Duntroon, Canberra, Australia
- 2016 Medical Officers Introductory Course (MOIC), Wangaratta, Australia
- 2016 Exercise PAULATIM II - Infantry Tactics and CBRNE, RAAF Base Edinburgh, SA, Australia

Extra-curricular

- 2023 Safe Vehicle Towing Course, Wadonga Tafe, Wadonga, Australia
- 2018 AIDA Level 1 Breath-hold (Freediving) Course, AIDA Freediving Centre, Amed, Indonesia
- 2016 Mindfulness Prescription and Evidence Workshop, Dr Craig Hassed, Perth, Australia
- 2014 Open Water Diver SCUBA Course, PADI Diving International, Nusa Lembongan, Indonesia
- 2013 Avalanche Skills Training (AST) Level 1, Canadian Avalanche Centre (CAC), Hakuba, Japan
- 2013 Ski Patrol Advanced Emergency Care Course, Australian Ski Patrol Association, Mt Hotham
- 2010 Sports Trainers Course - Level 1, Sports Medicine Australia, Melbourne, Australia
- 2008 Rossignol Ski Binding Technician Certification Course, Whistler-Blackcomb, Canada

Teaching

Self-Development and Training

- 2018 Teaching on The Run – How to Teach Practical Skills Workshop, Fiona Stanley Hospital, Perth
- 2017 Teaching on The Run – How to Teach Clinical Skills Workshop, Fiona Stanley Hospital, Perth
- 2015 Peer Mentoring Education Workshop, Fiona Stanley Hospital Medical Education Unit, Perth
- 2014 Hand-in-Hand Medical Mentor Workshop, Austin Health, Melbourne, Australia
- 2013 Peer-Tutoring Training Workshop, Melbourne University, Melbourne, Australia

Instruction at Courses

- 2026 AOA Orthopaedic Selection Interviewing Panellist, Melbourne, Australia
- 2024 AOA Registrar Training Transition to Practice Webinar Consultant Facilitator, AOA, Australia
- 2023 Stryker Trauma Sawbone Workshop for Junior Orthopaedic Staff, Wangaratta, Australia

- 2021 Suturing for Medical Students Course, Deakin University, Australia
- 2018 Facilitator; Cutting Edge: Advanced Skin Procedures, University of Western Australia
- 2018 AOA Orthopaedic Surgical Skills Workshop Facilitator, AMSA National Convention, Perth
- 2018 UWA Medical Undergraduate Suturing Workshop, University of Western Australia
- 2018 Emergency Surgical Procedures 2-day Course, University of Western Australia
- 2018 UWA Surgical Society Suturing Basics Course, Sir Charles Gairdner Hospital
- 2017 Introduction to Surgical Skills Course, University of Western Australia
- 2016 Departmental Orthopaedic Casting workshop for junior doctors, Fremantle Hospital, Perth
- 2016 Surgical Society Ortho Essentials Short Course, Perth
- 2016 Emergency Surgical Procedures, CTEC, University of Western Australia, Australia
- 2016 UWA Medical Undergraduate Suturing Workshop, University of Western Australia
- 2016 Advanced Life Support Scenario Training, 7 Health Company Perth, Australian Defence Force
- 2016 Orthopaedic Plaster Casting Workshop, Armadale Hospital, Perth, Australia
- 2016 Junior Doctor Suturing Workshop: two 2-hour workshops, Armadale Hospital, Perth, Australia
- 2015 Rheumatology Medical Student Teaching: six one hour teaching sessions, Perth, Australia
- 2015 Orthopaedic Casting Workshop for junior doctors, Sir Charles Gairdner Hospital, Perth
- 2015 Orthopaedic Casting workshop for junior doctors, Fiona Stanley Hospital, Perth
- 2014 Junior Doctor Orthopaedic Teaching: four one hour sessions, Sir Charles Gairdner Hospital
- 2013 University-Appointed Anatomy Demonstrator
- 2013 Student Orthopaedic Casting Workshop Facilitator, The University of Melbourne

Lectures

- 2023 MASCAS management, Northeast Health Hospital Grand Rounds, Wangaratta, Australia
- 2023 Medical planning for remote activities, Northeast Health Grand Rounds, Wangaratta, Australia
- 2022 Hindfoot Arthritis, AOA Bone School
- 2020 4th year Medical Student Surgical Teaching Block, University of Western Australia
- 2019 Foot and Ankle Arthritis, AOA Bone School
- 2019 Peripheral Nerve Examination, Melbourne University Austin Clinical School
- 2019 Hospital Disaster Response Systems Part 2, Austin Health Orthopaedic Departmental Meeting
- 2019 Hospital Disaster Response Systems Part 1, Austin Health Orthopaedic Departmental Meeting
- 2018 Medical Triage in Disaster Medicine, Surgical Lecture Series Guest Speaker
- 2018 A Deeper Understanding of Plain Radiography, Junior Doctor Education Lecture
- 2018 Upper Limb Anatomy Lecture, GSSE Training Course, CTEC, University of Western Australia
- 2018 Primary Survey Pearls in Trauma, Special Air Service Regiment Patrol Advanced First Aid Cse
- 2018 Lower Limb Radiography Interpreting, Fiona Stanley Hospital Departmental Teaching, WA
- 2018 Imaging and Operative Choice for Geriatric Hip Fractures, Fiona Stanley Hospital, WA
- 2018 Anti-platelets & Anti-coagulants – Indications, Reversal! Fiona Stanley Hospital, WA
- 2017 Work-up of Acute Wrist Injuries in the Elderly, Fremantle Orthopaedic Departmental Teaching
- 2017 Scientific Basis of Radiographic Imaging & Interpretation, Fremantle Hospital, WA
- 2017 Spinal Injuries: Assessment, Diagnosis, Management, Fremantle Hospital, WA
- 2017 Writing Letters for Outpatients: The Do's, Don'ts and More, Fremantle Hospital, WA
- 2017 Distal Radius Fractures: Normal Anatomy, Fracture Identification, Fremantle Hospital, WA
- 2017 Diagnosing and Treating Ankle Fractures, Fremantle Hospital, WA
- 2017 The use of Digital Templating Software in Orthopaedic Surgical Planning, Fremantle Hospital
- 2017 Getting started with salary packaging – a guide for junior doctors, Fremantle Hospital, WA
- 2017 Primary Healthcare Medications, Combat Medical Attendant Mod 2, Army School Of Health
- 2017 Combat Health Support, 7 Health Company, Irwin Barracks, WA, Australia
- 2017 Pain and Analgesia Medications, Combat Medical Attendant Course, Army School Of Health
- 2017 Musculoskeletal Trauma, Advanced Medics Mod 3 Course, Army School Of Health
- 2017 Levels and Timing of Military Healthcare, 13BDE Officer's Professional Development Seminar
- 2017 Update on Trauma Best Practice, Hospital Grand Rounds Education, Armadale Hospital, WA
- 2017 Best Practice in Burns Care, 7 Health Company, Irwin Barracks, WA, Australia
- 2016 Trauma Management: The Primary Survey, 7 Health Company, Irwin Barracks, WA
- 2016 Haemorrhage & Hypotension: Assessment and Control, 7 Health Company, Irwin Barracks, WA
- 2015 Resident-led Health Leadership, Hospital Grand Rounds Presentation, Fiona Stanley Hospital
- 2015 The How and Why of Digital Template Balls in Orthopaedics, Radiographer teaching, WA
- 2015 Burns Management, Resident Education Program Presentation, Fiona Stanley Hospital, WA
- 2015 X-Rays, Fractures and Metalware, Nursing staff education, Sir Charles Gairdner Hospital, WA
- 2015 Benchmarks, Standards and Suggestions for Audit, Orthopaedic Departmental Meeting, WA

- 2014 Mentoring Junior Doctors – Advice and Tips, University of Melbourne Medical Students Society
- 2012 How to Make the Most of Your Placement **Invited Guest Speaker**, MD Orientation, Melbourne
- 2012 Fractures and Osteoporosis, Shepparton Rural Clinical School, Melbourne University
- 2012 ECG Interpretation and Recording, Shepparton Rural Clinical School, Melbourne University
- 2012 Gift of the Gab, Shepparton Rural Clinical School, Melbourne University
- 2012 Post-Operative Nausea & Vomiting, Shepparton Rural Clinical School, Melbourne University
- 2012 Mastering the Long Case, Shepparton Rural Clinical School, Melbourne University

Service

Project Management, Service Improvement & Redesign

- 2025 Funding and establishment of secure staff bike parking, Northeast Health Wangaratta
- 2023 Improvement project on patient wrist bands, Northeast Health Wangaratta
- 2022 Introduction of Sarmiento Bracing Pathway, Northeast Health Wangaratta
- 2022 Reworking of Orthopaedic Workforce Roster for EBA Compliance, Northeast Health Wangaratta
- 2022 Digital Templating Introduction, Latrobe Regional Hospital, Australia
- 2022 Clinical Team Lists Safety Investigation, Latrobe Regional Hospital, Australia
- 2021 Flexible Training Roster Implementation, Barwon Health, VIC, Australia
- 2020 National Bone School Calendar Development, Australian Orthopaedic Association, Australia
- 2020 Automated Departmental Audit, Barwon Health Orthopaedic Department, VIC, Australia
- 2020 Secure Storage of Digital Templating Data, Barwon Health Orthopaedic Department, VIC
- 2020 Electronic Timesheets Development, Barwon Health Orthopaedic Department, VIC, Australia
- 2019 Developer – Virtual Reality Training Hub, Austin Health, VIC, Australia
- 2019 Transition from Analog to a Digital Templating Solution, Austin Health, VIC, Australia
- 2019 Ready for Care Working Party, Austin Health, VIC, Australia
- 2018 Excellence in Radiography Templating Project, Sir Charles Gairdner Hospital, Perth, Australia
- 2018 National Trial Fellowship Examination Coordinator, Australian Orthopaedic Association, Perth
- 2018 Development of a Trauma Outcomes Database, Fiona Stanley Hospital, Perth, Australia
- 2017 Arthroplasty patient care pathway revision and release, Armadale Hospital, Perth, Australia
- 2017 Streamlining of arthroplasty template radiograph requests, Perth Radiology Clinic (PRC)
- 2016 Development of a pathway for regular nephrostomy tube exchange, Perth, WA
- 2016 Re-configuration of Department Results acknowledgement systemsm Urology Department
- 2016 Virtual shared consults list creation for hospital teams, Fiona Stanley Hospital, Perth
- 2015 Institute for Health Leadership WA clinical service redesign project, Fiona Stanley Hospital
- 2015 Re-configuring catheterisation protocols based on evidence, Sir Charles Gairdner Hospital
- 2015 Overhaul of the Orthopaedic morbidity and mortality records and audit, SCGH, WA
- 2014 Revised workforce roster for a short stay surgical unit, Austin Health, Melbourne, Australia
- 2014 Electronic automated orthopaedic care sets, Austin Health, Melbourne, Australia

Leadership

- 2021 Chief Registrar for Departments of Critical Care, Surgery and Anaesthetics, Barwon Health
- 2020 Victorian Representative, Royal Australasian College of Surgeons Trainees Association
- 2020 Victorian Regional Committee (VRC) Member, Royal Australasian College of Surgeons
- 2019 Multidisciplinary Trauma Simulation Committee Member, Austin Health, VIC, Australia
- 2018 Founder, The Jurgan Ballers Orthopaedic Basketball Team, Perth
- 2017 AMA Council of Doctors in Training (DiT) Committee Member, Australian Medical Association
- 2017 Senator Representative, WA Health Director General's Clinical Senate – Safety & Quality
- 2016 Senator Representative, WA Health Director General's Clinical Senate – Superbugs
- 2016 Innovative Leadership Seminar, Australian Institute of Management, Perth, Australia
- 2015 Senator Representative, WA Health Director General's Clinical Senate – Patient experience
- 2015 Senator Representative, WA Health Director General's Clinical Senate – Outpatient Care
- 2015 Graduate of the Institute for Health Leadership's Medical Service Improvement Program
- 2015 Appointed mentor for junior doctors, Fiona Stanley Hospital Mentor Program, Perth, Australia
- 2015 Developing Workplace Resilience Seminar, Australian Institute of Management, Perth, Australia
- 2015 Mindful Leadership Workshop, Dr Craig Hassed, Institute for Health Leadership, Perth, Australia
- 2014 Medical Advisory Committee Member, Austin Health, Melbourne, Australia

- 2014 Accredited Hospital Mentor for Junior Staff, Austin Health, Melbourne, Australia
- 2014 HMO Society Committee Member, Austin Health, Melbourne, Australia
- 2014 Basketball Captain, Bulleen Basketball A Division
- 2013 Council Consultative Committee Representative, Banyule City Council, Melbourne, Australia

Volunteer Work

- 2013-2023 Ski Patrol Officer, Mt Hotham Ski Patrol
- 2010-2012 Diamond Valley Young Vinnie's and Soup Van Volunteer
- 2010-2011 Basketball Coach, Ivanhoe East Basketball Club
- 2007-2008 Surf Lifesaver, Anglesea Surf Lifesaving Club

Interests

Family: Born and raised in Melbourne, now settled in Northeast Victoria and married with 2 children and two dogs.

Self-Care: meditation, basketball, cycling, skiing, quality time with my family. Supplemented by exercise and music (guitar).

Travel & Videography: Passion for exploring culture and landscape through travel. Ski touring of the Western Himalaya in Kashmir, ski-mountaineering in Antarctica and sea-kayaking across the Bass Strait. Small videography projects.

Languages: English and French, some Ukrainian and Dutch, learning Polish.